

Dear,

I’d like to take a moment to welcome you as a new patient of New Dimensions Chiropractic Center and thank you for choosing us. We look forward to partnering with you to address your health concerns, and will do our best to ensure you achieve the most successful results.

The trust and confidence you have placed in us is most appreciated. Our focus here at NDCC is to help you achieve your treatment goals and to maintain optimal health over the long-term using safe, natural and holistic Chiropractic care as well as nutritional guidance and support.

The precious gift of health is an investment that requires both time and money. In order to help you to get the most out of this worthwhile investment I would like to share a few suggestions:

1. **Be on time and keep your appointments**. Each treatment builds upon previous ones. It is important to follow through with your future care plan in order to receive maximum benefit.

2. **Do your homework.** In many ways what you do at home, at work and at play affects your progress. We offer suggestions and self-care techniques to support your efforts toward a life of increased wellness and vitality.

3. **Give it time**. As with any medical treatment, chiropractic care is a process, not a magic pill. It takes time and is influenced by many factors. Over time, things will improve and when necessary, adjust your treatment plan as we proceed. Changes to your condition can happen faster than anticipated, so enjoy them!

4. **Keep a positive attitude and EXPECT positive results**. As we follow through on your treatment plan, look for signs of improvement and take encouragement from them. Build an attitude that expects positive results and knows that profound healing is possible. Your belief and expectation has an incredibly strong influence on your body, and is a key factor in healing.

It is with great pleasure to welcome you again to New Dimensions Chiropractic Center!

Yours in Health and Wellness

Dr. Andrew J Lewis Jr.

Founder